

sustaining
a tradition
of care

2001
Annual
Report

Helping to Build Healthier Communities



**sustaining
a tradition
of care**

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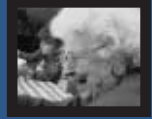
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UniHealth Foundation is a non-profit public benefit corporation whose mission is to support and facilitate activities that significantly improve the health and well being of individuals and communities within its service area.



sustaining

a tradition

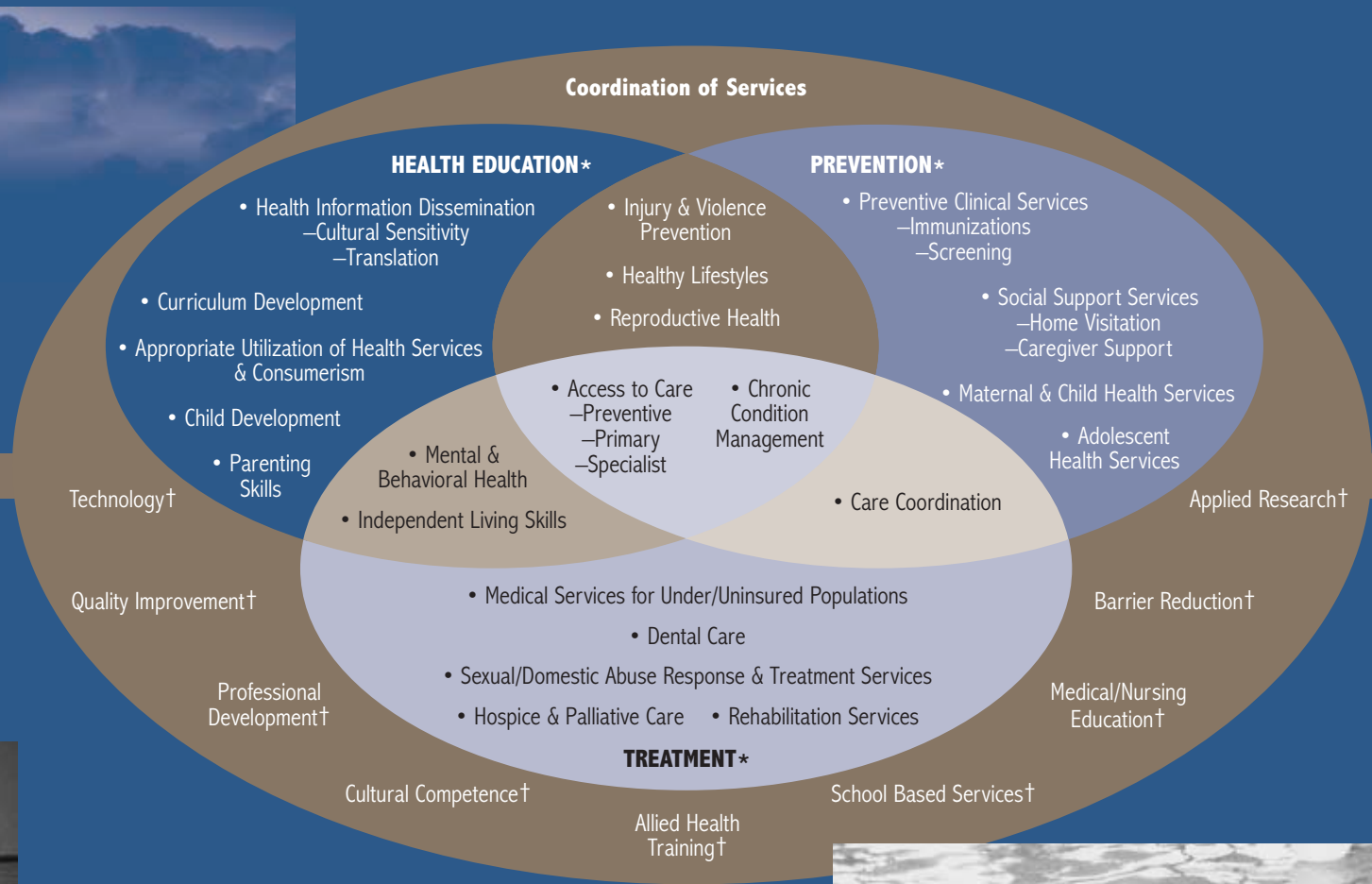
of care

2001

Annual

Report

grantmaking framework



* Funding Categories
†Additional Approaches

Dear Friends of UniHealth Foundation,

Throughout the third year of a five-year organizational period, UniHealth Foundation has sustained its historic tradition of care by continuing to mature as a grantmaking organization. In addition to approving grants of approximately \$5.5 million to 54 qualified hospitals and nonprofit agencies, the Directors engaged in strategic planning activities to establish the Foundation's direction for the final two years of the organizational period. Contained in this Annual Report are the results of the Foundation's grantmaking and strategic planning activities, along with a brief look at six outstanding Foundation-funded projects.

For UniHealth Foundation, strategic planning is a process, an ongoing habit of self-reflection and evaluation. The heart of the process is the Foundation's mission to support and facilitate activities that significantly improve community health status. The goal of the process is to enhance the Foundation's capacity to fulfill its mission. As part of their activities, the Directors examined community needs and population health data in UniHealth Foundation's service areas, and trends and challenges in the healthcare system, particularly issues pertinent to Southern California Hospitals. The result of this activity was twofold: confirmation of the Foundation's commitment to supporting community health improvement through the grantmaking categories of Education, Prevention and



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Treatment; and encouragement for grantseekers to think more broadly about strategies for accomplishing such improvements by incorporating health systems improvement and professional development strategies into education, prevention and treatment projects.

To realize the potential to significantly improve community health status, we have set high expectations for ourselves and our grantees. Over the next two years, UniHealth Foundation will continue to work with not for profit and public hospitals as well as qualifying nonprofit agencies in Los Angeles and Orange Counties to develop long-term approaches to meeting current and future healthcare needs.

A handwritten signature in blue ink that reads "David R. Carpenter".

David R. Carpenter
Chairman & CEO

A handwritten signature in blue ink that reads "Mary Odell".

Mary Odell
President

education
prevention
treatment



“We are like a family at church. If I weren’t here, they wouldn’t take such good care of themselves.”

*Isabel Medina,
Parish Nurse*

Methodist Hospital of Southern California’s Health Ministries Program supports holistic health programs in diverse faith communities throughout the San Gabriel Valley. The program provides education, information and resources in the areas of disease prevention and wellness promotion. Each congregation determines the specific activities most appropriate for its members. Programs are planned around worship days and times, and are focused primarily upon seniors, who constitute the highest percentage of participants. Volunteer Parish Nurse Isabel Medina explains that for many of her parish’s seniors, fixed incomes and transportation difficulties are barriers to accessing preventive healthcare. Isabel conducts blood pressure and cholesterol screenings, administers flu and pneumonia vaccines, and makes appropriate referrals to medical providers.

Bone density testing is one of many primary health screening and prevention services offered by Methodist Hospital’s Health Ministries Program at Church of the Transfiguration in Arcadia.



san pedro peninsula hospital

hospital fund



methodist hospital of southern california

In addition to receiving prenatal care, expectant moms can access pediatric care for their other children at the Maternal Child Health Clinic.

Accessing prenatal care for themselves and pediatric care for their children has become easier for 300 underinsured women from Harbor City. A grant from UniHealth Foundation has facilitated the expansion of services at the prenatal clinic to include pediatric wellness. The Maternal Child Health Clinic continues to provide comprehensive perinatal services for pregnant women with additional capacity for serving approximately 1,300 children. Pediatric services include well child checks, developmental assessments, immunizations and treatment of childhood diseases. San Pedro Peninsula Hospital predicts that the family friendly atmosphere and expanded services of the Maternal Child Health Clinic will result in improved health status for under/uninsured women and children in the South Bay.



“We want to meet all our patients’ needs, and they told us they needed pediatric care for their other children.”

*Susan Regenhardt,
Nurse Midwife*



st vincent medical center and the korean health education, information and research center (KHEIR)



valley presbyterian hospital and the organization for the needs of the elderly

hospital fund



“Our patient’s lives tell the story of our program’s success.”

*Diana Lugo,
Vice-President
Specialty Services*

KHEIR community members participate in a diabetes management workshop, which provides them with both the necessary equipment and education for glucose and hemoglobin monitoring.

Heart disease, stroke and diabetes are major causes of disability and death among Korean Americans. With support from a UniHealth Foundation grant, St. Vincent Medical Center and the Korean Health Education, Information and Research Center (KHEIR) are working to reduce the incidence of cardiovascular disease through culturally appropriate Korean language education and medical services for 200 diabetic patients.

“Disease management and prevention go hand in hand,” says Diana Lugo. One typical success story is that of a 57 year old client who entered the program with an alarming blood glucose level of 300. By modifying his diet and adopting an exercise regime of daily walking and jogging, he was able to bring his glucose level into normal ranges, vastly reducing his risk of being affected with long-term complications of diabetes.

Recovering stroke victims in adult day health care and young children learn together while enjoying each others company at the Organization for the Needs of the Elderly Intergenerational Day Care Program.

The Stroke Prevention and Management Program, a unique partnership between Valley Presbyterian Hospital and Organization for the Needs of the Elderly (ONE), provides a continuum of care for stroke victims, maximizing their potential for full recovery and helping victims avoid inappropriate institutional placements and re-stroke. A five member inter-agency team manages each patient’s care, coordinating hospital care, rehabilitative care, management assistance, social support and home care services for the victim and the caregivers. Funded for the past two years by major grants from UniHealth Foundation, the Stroke Prevention and Management Program has already demonstrated promising results. Virtually all stroke survivors served show significant improvement in activities of daily living, and at least 25% are enrolled in adult daycare as an alternative to nursing home placement.



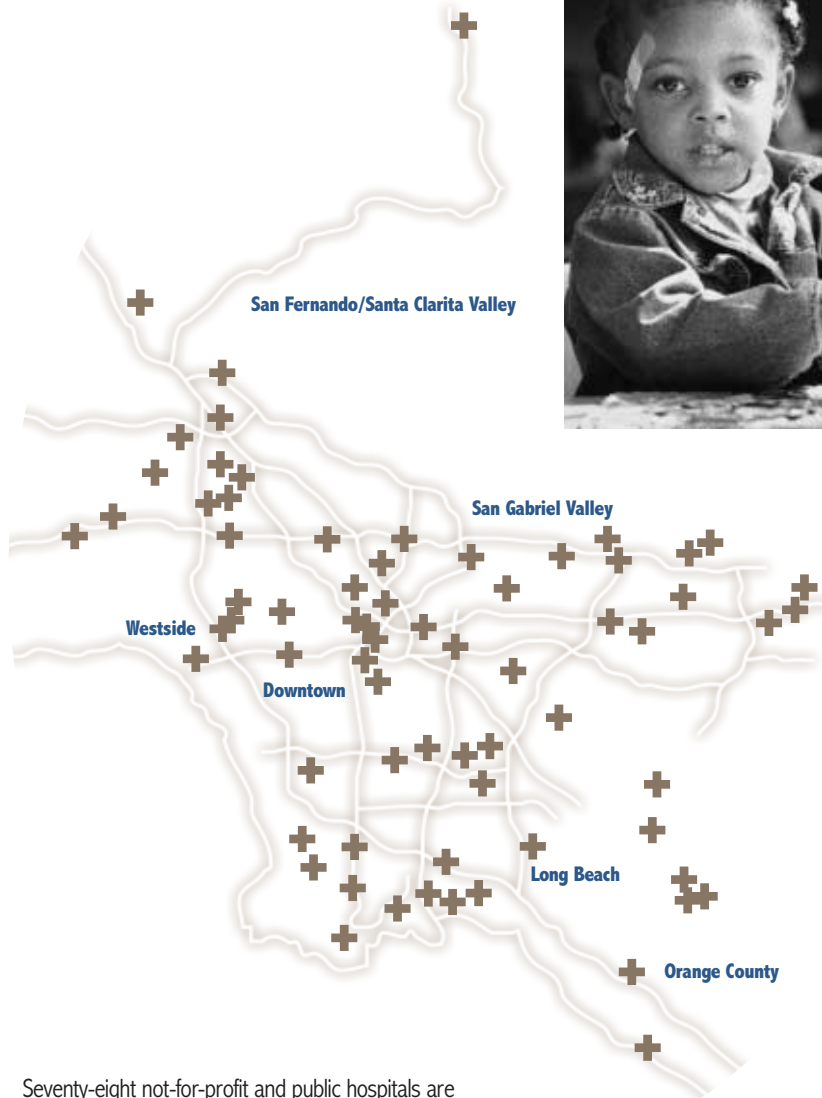
“Just imagine having to go to a nursing home because you couldn’t do the dishes or bathe yourself.”

*Becky Slaske,
Case Manager, ONE*

Grants Made from the Hospital Fund

Hospital	Purpose	Amount
Beverly Hospital	To support the Obesity/Exercise Program in partnership with the Montebello YMCA and the Montebello and El Rancho Unified School Districts	\$ 90,000
California Hospital Medical Center Foundation	To support the Family Violence Coalition Project	\$ 160,000
California Hospital Medical Center Foundation	To support the Health Care Partnership for Children in partnership with The Alliance for Children's Rights, Huntington Hospital, Northridge Hospital Medical Center and Miller's Children's Hospital	\$ 242,709
Children Affected by AIDS Foundation	To support mental health services for HIV infected children provided via the Art and Activities Program at LAC+USC Medical Center	\$ 10,000
Children's Burn Foundation	To support the Full Recovery Fund	\$ 75,000
Children's Hospital Los Angeles	To support the development of a groundbreaking study in pediatric ambulatory care delivery and outcomes	\$ 132,550
Citrus Valley Health Partners	To support the implementation of a Comprehensive Perinatal Services Program in partnership with Community Outreach for Prevention and Education (COPE)	\$ 226,841
City of Hope	To support access to the Lymphedema Treatment Program for uninsured and underinsured women	\$ 200,000
Freeman Hospitals Foundation	To support the Perinatal Supportive Outreach and Services Project at Daniel Freeman Hospital Inglewood	\$ 200,128
Glendale Memorial Health Foundation	To support the Congestive Heart Failure Clinic and Community Prevention Program	\$ 160,000
Granada Hills Community Hospital Foundation	To support the Center for Aging Research and Evaluation (CARE) Program in partnership with the Alzheimer's Association of Los Angeles	\$ 282,430
Harbor-UCLA Research and Education Institute	To support the development of educational materials and the training of pre-hospital personnel in the use of bag-mask-valve ventilation techniques in infants and children	\$ 241,562
Health Research Association	To support services at the comprehensive dental clinic at Union Rescue Mission in Los Angeles in partnership with the USC School of Dentistry	\$ 129,360
Huntington Memorial Hospital	To support the Parent Connection Program associated with the Neonatal Intensive Care Unit	\$ 30,000
Keck School of Medicine	To support a needs-based medical student scholarship	\$ 34,000
Little Company of Mary Hospital Foundation	To support the Collaborative for Alternatives to Violence and Abuse	\$ 200,181
Little Company of Mary Hospital Foundation	To support the launch of the Pediatric Palliative Care Program (TrinityKids Care) in partnership with TrinityCare Hospice	\$ 50,000
Long Beach Memorial Medical Center Foundation	To support the Miller Children's Abuse and Violence Intervention Center's School-based Violence Intervention Program	\$ 90,000
Los Angeles Orthopaedic Hospital Foundation	To support Team HEAL's Student Athletic Trainer Education Project	\$ 93,120
Los Angeles Orthopaedic Hospital Foundation	To support the access and education activities of the UCLA Center for Cerebral Palsy	\$ 75,000
Methodist Hospital Foundation	To support the Health Ministries Program in the central San Gabriel Valley	\$ 75,000

Hospital	Purpose	Amount
Motion Picture and Television Fund	To support emergency financial assistance to maintain health insurance for member of the entertainment industry	\$ 200,000
Olive View-UCLA Medical Center Foundation	To support the Healthy Beginnings/Comienzo Sano Program	\$ 198,633 over 3 years
Providence St. Joseph Medical Center	To support the Health Choices Collaborative Teen Outreach Program in partnership with California State University Northridge and Catholic Charities of Los Angeles	\$ 182,718
San Gabriel Valley Medical Center Foundation	To support the Sexual Assault Rape Team (SART) Program in partnership with the Los Angeles Commission on Assaults Against Women	\$ 160,000
San Pedro Peninsula Hospital Foundation	To fund the expansion of the Comprehensive Perinatal Services Program Clinic to include a Pediatric Wellness Program	\$ 250,000
Santa Monica UCLA Medical Center	To support the Rape Treatment Center's School Program	\$ 122,490
St. Vincent Medial Center	To support the Community Heart Health Intervention Program in partnership with the Korean Health Education Information and Research Center	\$ 330,847
St. Vincent Medial Center	To support public awareness and education about treatment options for end-stage renal disease in partnership with the National Institute of Transplantation	\$ 150,000
UCLA School of Dentistry	To support Phase II of the Northeast San Fernando Valley Community Oral Health Initiative	\$ 322,371
UCLA School of Medicine	To support a needs-based medical student scholarship	\$ 30,000
Valley Presbyterian Hospital	To support the Stroke Prevention and Management Program in partnership with the Organization for the Needs of the Elderly	\$ 248,940
Various Hospitals in Los Angeles and Orange Counties	Grants matching charitable giving by directors and staff	\$ 5,000



Seventy-eight not-for-profit and public hospitals are located throughout UniHealth Foundation's four geographic service areas. These include five Los Angeles County hospitals and fifteen academic medical centers.

Grants Made from the General Purpose Fund

Agency	Purpose	Amount
Ability First	To support the expansion of the Infant/Toddler Program at the Harry A. Mier Center in Inglewood	\$ 25,000
Alliance for Aging Research	To support health education and public awareness activities for aging Americans	\$ 30,000
Black Women for Wellness	To support the implementation and evaluation of the Keep In Touch-Do a Breast Self Exam Program	\$ 50,000
Bridge Focus	To support Project Reachout to assist homeless, runaway youth in the San Fernando Valley	\$ 30,000
California Black Women's Health Project	To support the Fit for Life fitness and nutrition program for women in South Central Los Angeles	\$ 35,000
CLARE Foundation	To support the development of an agency-wide Intake and Assessment Department	\$ 10,000
Girls Incorporated	To support the Health Bridge Club Preventing Adolescent Pregnancy Program	\$ 25,000
Grantmakers in Health	Membership support	\$ 10,000
Jeffrey Foundation	To support the Family Empowerment Project	\$ 20,000
Jewish Community Centers of Greater Los Angeles	To fund the Bio-Markers Project to assist senior citizens in maintaining health and vitality	\$ 30,000
John Tracy Clinic	To support the Community Hearing Screening Program	\$ 25,000
Kids In Sports	To support the evaluation component of the sports program for low-income youth in Los Angeles County	\$ 40,225
Korean Health Education Information & Research Center	To support the expansion of the Adult Day Health Care Services	\$ 35,000
L.A. CARE Health Plan	To support compensation to physicians for services provided through the Family Maintenance Healthcare Demonstration Project	\$ 19,360
Loving Heart Hospice Foundation	To support a planning grant for the establishment of a Palliative Care Center at a hospital in Los Angeles County	\$ 20,000
Maternal Outreach Management System	To support the expansion of the Education Program in Orange County	\$ 28,002
Mount St. Mary's College	To provide two scholarships to second-year students in the Associate Degree Nursing Program	\$ 25,000
Orange County Community Foundation	To support the Orange County Health Needs Assessment Project	\$ 10,000
Pasadena Educational Foundation	To support medical and case coordination services at the Cleveland Family Center in Pasadena	\$ 25,000
Southern California Association for Philanthropy	Membership support	\$ 6,500
Tierra Del Sol Foundation	To support and expand the Medical Needs Project for individuals with profound developmental disabilities	\$ 20,000
United Way of New York	To support the September 11th Fund	\$ 10,000
Wellness Community-South Bay Cities	For support services for cancer patients, their families and loved ones in Long Beach	\$ 35,000
Women's Transitional Living Center	To support the Lily Pad Care Project for victims of domestic violence and their children	\$ 45,000
Various Nonprofit Agencies	Grants matching charitable giving by directors and staff	\$ 20,150

UniHealth Foundation, Fiscal Year October 1, 2000-September 30, 2001



“When they come here, the parents think their kids will never walk. They are amazed to see what their babies can do.”

*William Bellmaster,
Occupational
Therapist*

The Infant and Toddler Program at AbilityFirst’s Harry A. Mier Center serves children ages eighteen to thirty-six months who have a wide variety of developmental and physical disabilities, including autism, cerebral palsy and Downs Syndrome. Expert early childhood educators and therapists provide early therapeutic interventions to advance the development of these special needs children. Over the past ten years, the severity of the children’s disabilities has increased significantly, necessitating the purchase of expensive adaptive equipment for therapy and specialized furniture to ensure the safety and comfort of the small clients. Occupational Therapist William Bellmaster explains that the equipment not only encourages the children to participate, but helps them gain strength and balance. After working with clients of all ages, Williams says he is sticking with babies. Nothing, he confirms, can match the delight of helping a child take the first of many steps on the way to realizing his/her fullest potential.

At the Harry A. Mier Center in Inglewood, California, Occupational Therapist William Bellmaster helps a happy client learn to walk while mom Patricia offers encouragement.

In Northern Orange County, MOMS Education and Outreach Program conducts culturally appropriate prenatal and parenting education classes in Spanish to help prepare young families for healthy pregnancies and deliveries. Through personalized outreach to local physicians and clinics, schools and community based organizations, MOMS recruits anxious mothers-to-be. Utilizing a range of activities, MOMS improves access to prenatal medical care and education, and supports women from pregnancy through the first year after birth. Sula Goldenberg explains, “We establish a trust in the community and then we can make a difference in people’s lives by helping them make good choices.” Sula reports that she wakes up happy every day knowing that her efforts are resulting in healthier women, healthier babies, and a healthier community.



“During pregnancy, women want to know all they need to know to have a healthy, happy baby.”

*Sula Goldenberg,
MOMS Education
Coordinator*

MOMS Education Coordinator Sula Goldenberg conducts classes in Spanish to help pregnant and parenting women and their families overcome barriers to accessing health services and increase their chances for a healthy pregnancy and birth outcome.

general purpose fund



abilityfirst-the harry a. mier center infant and toddler program



maternal outreach management systems (moms)

Combined Statements of Financial Position

September 30, 2001 and 2000

ASSETS	2001	2000
Current assets:		
Cash and cash equivalents	\$ 60,260,000	\$ 62,080,000
Marketable securities	192,400,000	305,666,000
Interest receivable and other assets	812,000	1,678,000
Current assets of discontinued operations	20,691,000	16,846,000
Total current assets	274,163,000	386,270,000
Property, plant and equipment, net	123,000	153,000
Noncurrent assets of discontinued operations	5,563,000	6,523,000
Other assets	—	1,469,000
Total assets	<u>\$ 279,849,000</u>	<u>\$ 394,415,000</u>
LIABILITIES AND NET ASSETS		
Current liabilities:		
Accounts payable and accrued expenses	\$ 1,920,000	\$ 1,067,000
Liabilities of discontinued operations	9,562,000	10,756,000
Total current liabilities	11,482,000	11,823,000
Long-term liabilities	4,552,000	6,714,000
Total liabilities	16,034,000	18,537,000
Unrestricted net assets	263,815,000	375,878,000
Total liabilities and net assets	<u>\$ 279,849,000</u>	<u>\$ 394,415,000</u>

Combined Statements of Activity

September 30, 2001 and 2000

	2001	2000
REVENUES		
Continuing operations:		
Investment income	\$ 8,264,000	\$ 8,197,000
Realized gain on sale of marketable securities	—	12,428,000
Change in estimated allowances for losses and liabilities related to disposition of discontinued operations	495,000	6,122,000
Other income	666,000	625,000
Total revenues	9,425,000	27,372,000
COSTS AND EXPENSES		
Grant expense	5,486,000	5,006,000
General and administrative expenses	1,983,000	3,746,000
Depreciation and amortization	30,000	25,000
Realized loss on sale of marketable securities	22,515,000	—
Total costs and expenses	30,014,000	8,777,000
(Loss)/income from continuing operations	(20,589,000)	18,595,000
Discontinued operations:		
Income from discontinued operations	1,219,000	2,858,000
Change in estimated allowances for losses and liabilities related to disposition of discontinued operations	912,000	29,837,000
Total discontinued operations	2,131,000	32,695,000
Net (loss)/income	(18,458,000)	51,290,000
Other changes in net assets:		
Net unrealized gain/loss on marketable securities	(93,605,000)	(41,835,000)
(Decrease)/increase in net assets	(112,063,000)	9,455,000
NET ASSETS, beginning of year	375,878,000	366,423,000
NET ASSETS, end of year	\$ 263,815,000	\$ 375,878,000

Application Procedure

UniHealth Foundation Welcomes Your Inquiries

Applicants should submit a preliminary letter of introduction that includes a brief description of the organization, the project, the geographic area and population served, the amount requested and a copy of the agency's IRS exemption letter. No application form is needed at this preliminary stage. The Foundation's program staff will screen preliminary letters and advise the applicant of the results of this review. Those qualified to submit a proposal will receive detailed information from program staff.

A grant proposal is a request for funding and not a guarantee of an award. Unfortunately, not every worthy request can be funded; however, UniHealth Foundation will give serious consideration to each qualified application.

Please address correspondence to:

Grants Administrator
UniHealth Foundation
5959 Topanga Canyon Blvd., Suite 390
Woodland Hills, CA 91367

Tel: 818-888-4090
Fax: 818-888-4094
www.UniHealthFoundation.org



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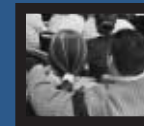
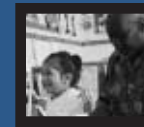
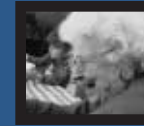
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